

—  
All Angels Park  
CALDECOTE  
—

# SMARTER TRAVEL PACK

YOUR LOCAL TRAVEL INFORMATION

## Linden HOMES



# CONTENTS

Welcome to All Angels Park.....	03	Greener Car Travel .....	10
The Local Area – Map.....	04	Have You Visited The	
What's On? .....	05	Smarter Travel Website Yet? .....	11
Bus Travel from Caldecote .....	06	Community and Concessionary Travel .....	12
Train Travel from Cambridge.....	07	Smarter Travel Choices .....	13
Walking around All Angels Park .....	08		
Cycling to and from Caldecote.....	09		

## WHAT IS A SMARTER TRAVEL PACK?

This Smarter Travel Pack has been produced exclusively for residents of All Angels Park, Caldecote. We hope you find the information enclosed useful and trust it helps highlight the variety of sustainable travel options available to you in the area.

Produced on behalf of Linden Homes by Smarter Travel Ltd.

## WHO ARE SMARTER TRAVEL?

Smarter Travel Ltd have been appointed by Linden Homes to promote, manage and monitor the travel plan specifically for All Angels Park. We are providing a free service to all residents of the development and we are your first point of call for any travel related questions or queries you may have relating to your local area.



## BENEFITS OF A TRAVEL PLAN TO YOU AND YOUR COMMUNITY.

Engaging with the All Angels Park Travel Plan can have plenty of positive benefits including:

- Improving health and wellbeing;
- Reducing your travel costs;
- Improving your accessibility to local services;
- Improving the local road safety;
- Reducing travel times;
- Improving your travel choices and options; and
- Creating a cleaner, more vibrant local community.

## THE OVERALL AIMS OF THE TRAVEL PLAN ARE;

- To reduce the number of single occupancy car journeys to and from the development;
- To promote more sustainable travel habits such as, walking, cycling and using public transport;
- Promote and encourage healthy and active lifestyles with a strong focus on the local community; and
- Provide advice to all residents on how to improve local travel habits.

## WELCOME TO ALL ANGELS PARK

Dear Resident,

Congratulations on moving into your new home and welcome to All Angels Park, Caldecote. It is important to Linden Homes that you settle in well to the local area so to help make your move a little easier this pack has been produced specifically for All Angels Park residents only.

Throughout this pack, you'll find information on the variety of local travel options available to and from your new home, including information on public transport services as well as walking and cycling routes in the area and local amenities.

As a resident of All Angels Park, we would like to invite you to receive either; two one-week bus travel tickets to either Cambourne or Cambridge on Stagecoach services or alternatively a £50 voucher to purchase cycling/sport equipment online at **Wiggle.co.uk**. To redeem your ticket or voucher, please complete the short questionnaire at the back of this pack or alternatively, head to the All Angels Park section of the Smarter Travel website and follow the links to complete.

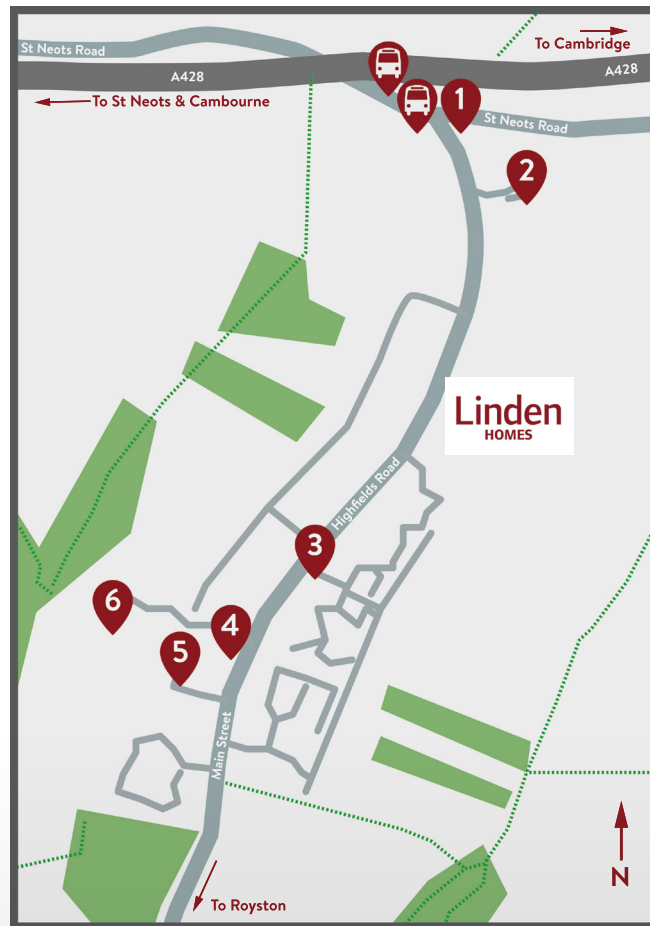
We hope you find this information useful and enjoy exploring Caldecote and the surrounding areas using the different travel options available to you.

On behalf of Linden Homes, we hope you enjoy calling All Angels Park home.

Kind regards,

Louisa  
Your Travel Plan Coordinator  
Smarter Travel Limited

# THE LOCAL AREA



- 1 BP Petrol Station and Newsagents
- 2 Fitness Centre
- 3 Social Club
- 4 Primary School
- 5 Village Hall
- 6 Caldecote Recreation Ground
- Nearest Bus Stops

# WHAT'S ON?

Throughout the year, there are many sustainable travel events for you to get involved with, both nationally and locally; here are just a few for you to consider:

## THE BIG PEDAL BETWEEN MARCH & APRIL EVERY YEAR

Organised by the charity, Sustrans, Big Pedal is an inter-school walking, cycling and scooting challenge! Visit [Sustrans.org.uk](http://Sustrans.org.uk) for more information.

## WALK TO SCHOOL WEEK DURING MAY

The Living Streets' Walk to School Week is a national celebration to promote the benefits of walking to school. The week also includes the event, Happy Shoesday! Talk to your school to find out more or visit; [LivingStreets.org.uk](http://LivingStreets.org.uk)

## WORLD ENVIRONMENT DAY EARLY JUNE

This is a global event encouraging worldwide awareness and action for the protection of our environment. For more information, search; World Environment Day.

## BIKE WEEK DURING JUNE

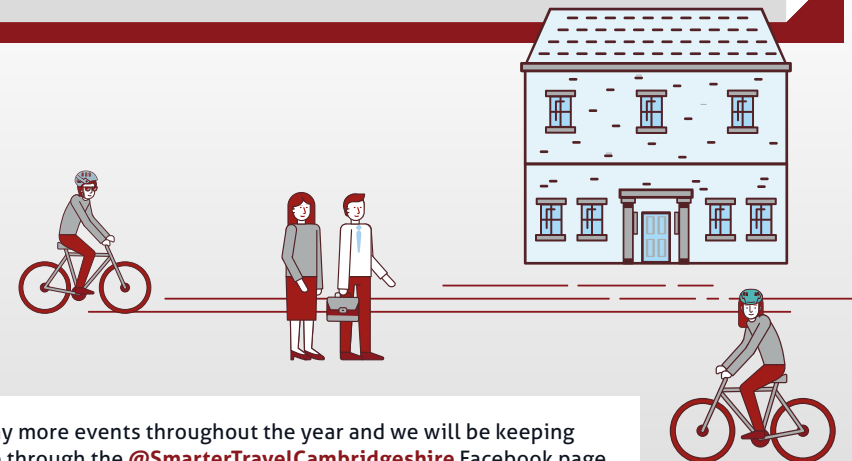
Delivered by Cycling UK, Bike Week is an annual opportunity to promote cycling to everyone and encourage the activity as part of everyday life. There are often events across the country to celebrate this week. Search for Bike Week or We Are Cycling for more information.

## WALK TO SCHOOL MONTH THE WHOLE OF OCTOBER

An international event which promotes safer and easier walks to school. This is brought to you by Living Streets, the same people who promote Walk to School Week.

## CYCLE TO WORK DAY MID AUGUST

A national event to encourage positive change towards the routine commute. Saving money, CO2 emissions and car mileage is exactly the reason this day has become so popular.



There are many more events throughout the year and we will be keeping you up to date through the [@SmarterTravelCambridgeshire](https://www.facebook.com/SmarterTravelCambridgeshire) Facebook page.

LOCAL AREA

# BUS TRAVEL TO AND FROM ALL ANGELS PARK

The closest bus stop to All Angels Park is located along St Neots Road, approximately a 10-minute walk away. The Stagecoach service Citi 4 to Cambridge and Cambourne runs through these adjacent stops around every 20-minutes throughout the day, Monday to Friday. The westbound bus stop (in the direction of Cambridge) is a covered shelter, however, the bus stop in the west bound direction (towards Cambourne) is a flag and pole.

There is also Madingley Park and Ride, operating every 10-minutes into the Cambridge city centre. This is a 9-minute car journey away.

**YOUR MOST REGULAR, LOCAL BUS SERVICE IS:**

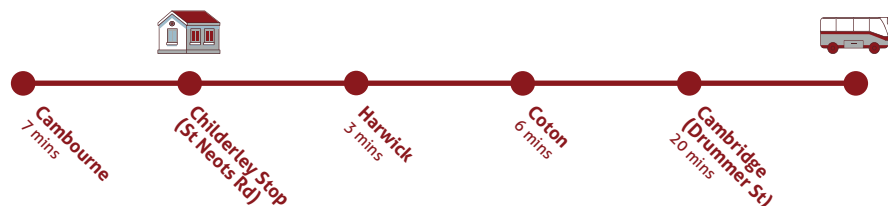
**STAGECOACH CITI 4 - CAMBRIDGE - HARDWICK - CAMBOURNE**

**RUNS EVERY 20-MINS THROUGHOUT UP UNTIL 19:41 AND THEN EVERY HOUR MON-SAT**

**SUNDAYS THERE IS AN HOURLY SERVICE FROM 10:20**



FOR UP TO DATE TIMETABLES, SCAN HERE!



As a resident of All Angels Park you are entitled to a 2-week bus ticket for services with Stagecoach. To claim your tickets please complete our short travel survey by heading to: [SmarterTravel.uk.com/AllAngelsPark](https://SmarterTravel.uk.com/AllAngelsPark). Further information can be found on page 11.

Unable to travel by conventional public transport? Find out more about community transport options on page 12.

## USEFUL APPS AND WEBSITES

**Stagecoach:** For real-time departure information along with purchasing tickets through the app. Follow their Twitter for updates on any delayed services: [@Stagecoach\\_East](https://twitter.com/Stagecoach_East)

**Bus Checker:** Bus Checker gives you instant up to date information for buses throughout the UK. The app also offers journey planning.

Stagecoach



Bus Checker



# TRAIN TRAVEL

Your closest train station is located within Cambridge city centre, approximately 14km away, a 21-minute car journey away or Cambridge North station, approximately 15km away, both 21-minute car journey.

Both stations are well connected with services to London, Norwich and the Midlands. Cambridge station has 425 chargeable car parking spaces and 2850 cycle storage spaces. Cambridge North station has 540 car parking spaces and 1000 cycle storage spaces.

Bikes can also be taken on the train, to find out more head over to the All Angels Park section of the Smarter Travel website or visit [NationalRail.co.uk](https://NationalRail.co.uk).

## SAVE MONEY ON TRAIN TRAVEL!

Railcards are a great way to easily save money on the cost of train travel – particularly for leisure purposes – with up to 1/3 off! With a variety of cards available such as; 16-19 Railcard, Disabled Persons Railcard, Two Together Railcard and Senior Railcard.

Visit the [Railcard.co.uk](https://Railcard.co.uk) website to find out more information and how to apply. Also keep up to date with their special offers on [Twitter - @Railcards](https://twitter.com/Railcards)



## TOP TIP!

When travelling by train, try to book in advance (up to 12 weeks) to receive the best possible prices!



SCAN HERE TO VISIT THE NATIONAL RAIL WEBSITE



## USEFUL APPS AND WEBSITES

**Trainline:** A great website for booking train tickets. Also available as a free app to download!

**National Rail:** Information about train station facilities as well as live arrival and departure times are available through the National Rail website. You can also find more information on the National Rail website about taking bicycles on trains through their PlusBike section.

**Greater Anglia:** The Greater Anglia app has a variety of different features including the option to purchase mobile tickets – eliminating the need to carry paper tickets and you can also receive live departure updates.

Trainline



National Rail



Greater Anglia





# WALKING

## AROUND ALL ANGELS PARK & CALDECOTE

Walking is a great way to get around and the best thing is that it's free! It's also an easy way to get fitness into your daily routine. Many local facilities are within a walking distance of All Angels Park, such as; the newsagents, primary school and bus stop - all are within a 10 minute walk. Take a look at the local area map on page 4 to find out the locations of local amenities. There are also lots of nature reserves within reach from All Angels Park, including: Coton Nature Reserve, Cambourne Nature Reserve and Hardwick Wood Reserve, to find out more visit: [WildLifebcn.org](http://WildLifebcn.org).

### BENEFITS OF WALKING

It is recommended that adults get 150 minutes of exercise per week (which works out as 30 minutes per day over 5 days during the week). One of the easiest ways to accomplish this is heading out for a brisk walk!

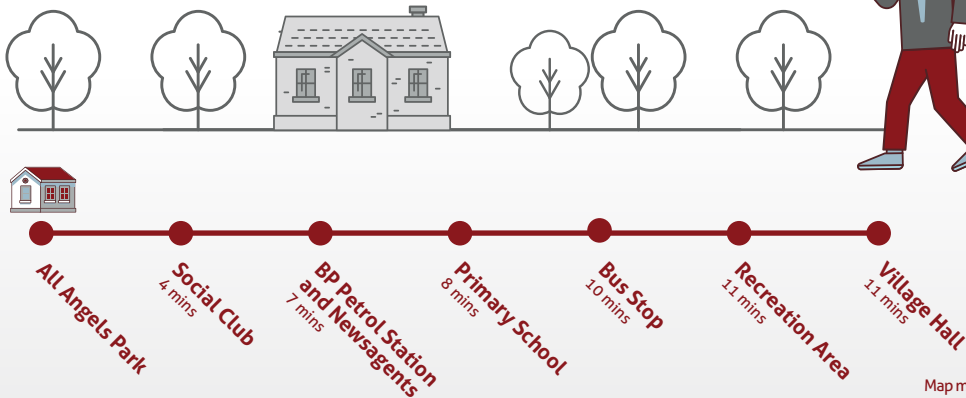
There are many benefits to walking:

- Can help maintain body weight and lower the risk of obesity;
- Can lower the risk of chronic diseases and high blood pressure;
- Improvements to your mood and wellbeing; and also
- Studies show that it can encourage and improve creativity!

You could use your £50 Wiggle voucher towards some new trainers, walking boots or even a fitness tracker to keep you on the move!



SCAN HERE TO CLAIM YOUR VOUCHER



### USEFUL APPS AND WEBSITES

**Map My Walk:** By using this app, you can record your workout details, including duration, distance, pace, speed, elevation and calories burned.

**Active 10:** Created by Public Health England, the Active 10 app records your brisk walking activity as well as showing the benefits of regular exercise.

**The Ramblers:** The Ramblers Association provides a variety of regular programme of walks. For walks around Caldecote and more information, visit their website: [ramblers.org.uk](http://ramblers.org.uk)

Map my Walk



Active 10



The Ramblers



# CYCLING

## TO AND FROM ALL ANGELS PARK

Cycling is an excellent way to get about and is a great alternative to walking as it makes more places accessible. Cycling is around three times faster than walking and in some cases it's quicker than driving too! There are no official cycle routes around All Angels Park, however you can reach Cambridge City Centre via St Neots Road which is paved long parts of the journey allowing you to avoid the main roads.

To find cycle groups near you head to: [www.cycling.org.uk](http://www.cycling.org.uk).

### BENEFITS OF CYCLING

Cycling has a huge number of benefits, including;

- Improving wellbeing by relieving stress;
- Helps prevent chronic and life threatening illnesses;
- Being more cost effective than running a car. Did you know, maintaining a bike for a year costs twenty times less than maintaining and driving a car; and
- Reducing congestion and pollution on our roads.

### CYCLE TO WORK SCHEMES

Employee benefit cycle schemes allow you to get up to £1,000 to spend on a bicycle and cycling accessories through your employer and you can save between 25-39% on the cost. Speak to your employer to see if they are signed up so you can take advantage of these discounts!



### HAVE YOU CONSIDERED AN E-BIKE?

Electric bikes are becoming increasingly popular and are also included within the cycle to work scheme, offering a little extra assistance and allowing you to go even further! Visit **Electric Bike Sales** for your local e-bike store within Cambridge!



### USEFUL APPS AND WEBSITES

**CycleStreets:** An excellent website which allows you to easily plan cycle journeys with variable route options available to all levels of cyclist.

**Strava:** This app records your cycle ride and you can compare your performance over time, as well as sharing with the Strava community and friends. Strava can also be used for running, walking and other workouts.

**BBC Weather:** The great British weather is always something to consider when cycling! Use the BBC weather app to check the conditions before cycling and make sure you're prepared for what nature may throw at you!

Cycle Streets



Strava



BBC Weather



With the future of car travel changing, it is good to consider other options when it comes to car travel. Did you know;

- Each week, the average Brit spends seven hours in their car;
- The average annual cost of car insurance is £436;
- Drivers spend on average £89.67 per month on fuel;
- It's likely that you will play eye-spy in the car around 1,470 times during your lifetime!; and finally
- Over your lifetime, on average you will have 7,817 singalongs to the car radio!

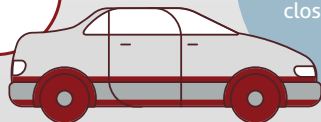
## CAR SHARING

By sharing the same or similar journeys with other people you can save money on the cost of car travel as well as meeting new people. Sign up for free with **Camshare** to find and share regular car journeys. Use the online calculator on the **Liftshare** website to see how much money you could save!



## THE FUTURE IS ELECTRIC!

If you're thinking about a new car, why not look at a hybrid or electric vehicle? Visit **goultralow.com** for further advice and information. Find EV charging points too through the Zap Map website **www.zapmap.co.uk**.



Visit **roadworks.org** to keep up to date with any planned road closures in the area.



## ECO DRIVING

Sometimes it's a necessity to drive, so here are seven eco-driving tips that can help make a difference to your journey;

1. Service your car regularly to maintain engine efficiency;
2. Check your tyre pressures regularly (and before long journeys), under-inflated tyres use more fuel as they increase rolling resistance;
3. Lose any unnecessary baggage, extra weight means extra fuel;
4. Combine short trips; cold starts use more fuel so it pays to combine errands;
5. Drive smoothly, accelerate gently and read the road ahead to avoid unnecessary braking;
6. Cut down on the air-con; air-conditioning increases fuel consumption at low speeds (the effects are less noticeable at higher speeds); and
7. The faster you go the greater the fuel consumption (cruising at 70mph uses up to 9% more fuel than at 60mph and up to 15% more fuel than at 50mph).

# HAVE YOU VISITED THE SMARTER TRAVEL WEBSITE YET?

With specific pages relating to All Angels Park and sustainable travel around Caldecote, head over to **Smartertravel.uk.com/AllAngelsPark**.

Make sure you save the website as one of your favourites as we will be regularly updating with new information and resources specifically for you.



Also, keep up to date with us through Facebook – just search for Smarter Travel Cambridgeshire



# COMMUNITY AND CONCESSIONARY TRAVEL

## BUS PASSES

There are a selection of local incentives to promote travelling by public transport including bus passes. For those of pensionable age or if you have an eligible disability, you will be entitled to a bus pass that allows free off-peak travel on local buses anywhere in England.

To apply for either of these passes, visit: [www.gov.uk](http://www.gov.uk) or [Cambridgeshire.Gov.uk](http://Cambridgeshire.Gov.uk).

## COMMUNITY TRAVEL

For those less able to travel by conventional public transport there are some alternative options available in the Caldecote area. Cambridge Dial a Ride offers a service into Cambridge city centre, for more information call: **01223 506335** or visit:

[CambridgeDialARide.org.uk](http://CambridgeDialARide.org.uk). There are also other Community Travel services, visit [SouthCambs.gov.uk](http://SouthCambs.gov.uk) or scan the QR code below.



FOR INFORMATION  
ABOUT SCHOOL  
TRANSPORT,  
SCAN HERE!



## SCHOOL BUS PASSES

If you have school aged children and would like more information on bus travel to and from school; visit the [Cambridgeshire.gov.uk](http://Cambridgeshire.gov.uk) website and search for the Education and Schools section.



# SMARTER TRAVEL CHOICES

There are other ways in which you can reduce your travel, including simply cutting the number of journeys you make. Already working from home? Why not try getting your groceries delivered to save you that extra trip.

Alternatively, how about shopping locally where possible and travelling by foot or bicycle? For bigger purchases, why not try shopping online, it can save you both time and money in travelling to the shops, and most major supermarkets now offer this service.

## WORKING FROM HOME?

Many of us are still working from home, this has led to daily commutes to be significantly reduced which is great for the environment but may not have been great for your health and well being.

We've put together some useful tips to help you work from home:

- 1) Take breaks, make sure you are still getting outside in the fresh air, now you have no commute use that free time to go for walk.
- 2) Make your working space your own, try to separate from your living space (if possible), that way you can close the door to work at the end of the day.
- 3) Don't forget you're not alone, arrange regular virtual meetings with your colleagues to keep some social normality.

For more tips head over to our blog: [Smartertravel.uk.com/top-tips-for-working-from-home](http://Smartertravel.uk.com/top-tips-for-working-from-home).

## PERSONAL TRAVEL PLANNING

A Personal Travel Plan evaluates your journeys to/from a specific location for you as well as travel mode and suggests other ways of travelling that same journey. By providing us with your regular destinations (such as your workplace) and your required arrival and departure times, we can provide you with a list of alternative travel options. You will also receive information on which bus stops to use, walking duration, calories burnt and also the level of CO2 saved.

Your Personal Travel Plan will be emailed directly to you and can be obtained by completing the short questionnaire at the end of this smarter travel pack (don't forget to tick the box requesting a Personal Travel Plan!)

For more indepth information regarding all of the travel options available to you as a resident of All Angels Park, please visit the All Angels Park section of the Smarter Travel website. You can also keep up to date with relevant news and information on Facebook [@SmarterTravelCambridgeshire](https://www.facebook.com/SmarterTravelCambridgeshire).

## SUSTAINABLE TRAVEL VOUCHERS

As part of Linden Homes' commitment to you, you can claim a 2-week bus ticket for services within the area. Alternatively if the above are not relevant to yourselves, you can claim a £50 voucher to be redeemed online at [Wiggle.co.uk](http://Wiggle.co.uk).

To redeem, please complete the short survey at the end of this pack and return to us by freepost or complete on the Smarter Travel website. We will then take care of the rest! Please note, only one claim per household. Full terms and conditions can be found at: [Smartertravel.uk.com/AllAngelsPark](http://Smartertravel.uk.com/AllAngelsPark).



# CLAIM YOUR SUSTAINABLE TRAVEL VOUCHER!



SCAN THE QR CODE OR VISIT:  
**SMARTERTRAVEL.UK.COM/ALLANGELSPARK**  
TO CLAIM YOUR VOUCHER!



847 The Crescent  
Colchester Business Park  
Colchester  
Essex  
CO4 9YQ

**Linden**  
HOMES

Eastwood House  
Glebe Road  
Chelmsford  
CM1 1QW



This pack can  
be recycled.

Printed by a Carbon  
Captured printers.



\*T&C's apply

## WHAT ARE YOU GOING TO USE YOUR FREE VOUCHER ON?

T	R	A	I	N	E	R	S	B
A	B	S	T	H	G	I	E	W
B	U	S	P	A	S	S	X	C
D	A	E	B	O	T	T	L	E
E	B	I	K	E	I	O	L	U
L	I	G	H	T	S	O	A	T
E	K	S	O	C	K	S	B	B
O	E	U	I	W	A	T	C	H
TRAINERS WEIGHTS		BUS PASS BOTTLE		EBIKE LIGHTS		BIKE BALL		WATCH SOCKS





# SCAN THE QR CODE TO COMPLETE THE SURVEY



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Fill in this quick questionnaire about your current and previous travel choices from All Angels Park to get your own free Personal Travel Plan and sustainable travel vouchers.

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