

RESIDENTIAL TRAVEL PACK

YOUR LOCAL TRAVEL INFORMATION







CONTENTS

Welcome to Orchid Grove	.03	Cycling to and from Orchid Grove
The Local Area (Map)	.04	Greener Car Travel
Bus Travel from Haverhill	.05	Community and
Train Travel	.06	Concessionary Travel
Walking around Orchid Grove and Haverhill		Smarter Travel Choices and Active Travel Vouchers



Orchid Grove Haverhill

Dear Resident,

..08 ..09

..10

..11

Congratulations on moving into your new home and welcome to Orchid Grove, Haverhill. It is important to Taylor Wimpey that you settle in well to the local area. To help make your move a little easier this pack has been produced specifically for Orchid Grove residents only.

Throughout this pack, you'll find information on the variety of local travel options available to and from your new home, including information on public transport services as well as walking and cycling routes in the area and local facilities.

As a resident of Orchid Grove you are entitled to either 4-weeks bus travel to Cambridge with Stagecoach buses or alternatively a £100 Wiggle.co.uk voucher to be redeemed on active travel equipment (rucksacks, cycling equipment, waterproof clothing etc.). To claim your voucher, please just email us at OrchidGrove@SmarterTravel.uk.com. Find out more information and the voucher terms and conditions on page 11.

We hope you find this information useful and enjoy exploring Haverhill and the surrounding areas using the different travel options available to you.

On behalf of Taylor Wimpey, we hope you enjoy calling Orchid Grove home.

Kind regards,

Taylor Wimpey & Smarter Travel





THE LOCAL AREA



High Street Area

BUS TRAVEL FROM HAVERHILL

The closest bus stops to Orchid Grove are located along Howe Road. Stagecoach buses operate services along Howe Road into Haverhill town centre and to Cambridge. Buses run every hour and journey times into Cambridge are around 60-minutes. If you would like to try out the local bus services, head to page 11 to find out how to claim your free tickets.

Stagecoach offer a variety of ticket options as alternatives to the usual 'single' or 'return' options on the bus.

MEGA RIDER

Unlimited travel in your chosen zone (Haverhill falls within the mega rider plus zone). This ticket option is great value for money and can be purchased as a 7-day pass.

DAY RIDER

Travel as much as you like within your chosen area for one day.

MOBILE TICKETS

Take away the hassle of remembering cash! You can now purchase bus tickets through the **Stagecoach mobile app** which is free to download and available in both the App Store and through Google Play.

PARK AND RIDE SERVICES

If you're travelling into Cambridge, why not catch the park and ride? There are two locations within a 35-minute drive from Orchid Grove, either Babraham Park and Ride or alternatively Trumpington Park and Ride. You can even use these services on the weekend for leisure trips into the city. For more information visit: cambridgeparkandride.info.

USEFUL APPS AND WEBSITES

Stagecoach Through this app you can receive up to date and accurate bus information. Ticket purchasing is available through this app **stagecoachbus.com**.

Traveline Here you can access public transport timetables through the Traveline website or app. Additionally, the website offers comprehensive journey planning **traveline.info**.

YOUR MOST REGULAR,

LOCAL BUS SERVICES ARE:

STAGECOACH SERVICE: 13 GOLD

TO HAVERHILL TOWN CENTRE: MON-FRI 07:56 HOURLY THROUGH TO 18:56 SAT 08:56 TO 18:56

TO CAMBRIDGE:

MON-FRI 06:23 HOURLY THROUGH TO 17:23 SAT 07:23 THROUGH TO 17:23

IF YOU WOULD LIKE TO TRY OUT THE LOCAL BUS SERVICE, CLAIM

YOUR 4-WEEK BUS PASS. FOR MORE INFORMATION SEE PAGE 11.



FOR UP TO DATE TIMETABLES, SCAN HERE!

> Please check with Stagecoach before you travel for up to date service information. Please also familiarise yourself with current government guidance on public transport use.



TRAIN TRAVEL

The nearest train station to Orchid Grove is Whittlesford Parkway which is approximately a 20-minute drive away. You can catch trains from here to Cambridge and London Liverpool Street. For more information about the station and live departures, visit: greateranglia.co.uk.

Before using train travel, please check on the National Rail website for up to date service information and safety measures in place: **nationalrail.co.uk**.





When purchasing train tickets, it's usually best to book in advance for the cheapest rates! Tickets can be purchased up to 12 weeks in advance

Trainline

train

National

Rail

Did you know that you can take bicycles on trains? Find out more on the National Rail website Nationalrail.co.uk

USEFUL APPS AND WEBSITES

Trainline: A great website for booking train tickets. Also available as a free app to download! **thetrainline.com**.

National Rail: The National Rail app allows you to plan journeys via train travel as well as receiving alerts and notifications in the event of any disruption or delays **nationalrail.co.uk**.

WALKING AROUND ORCHID GROVE AND HAVERHILL

The centre of Haverhill is within a half an hour walk of Orchid Grove. Along High Street you will find a variety of amenities including a Post Office, public houses, retailers and convenience stores.

BENEFITS OF WALKING

It is recommended that adults get 150 minutes of exercise per week (which works out as 30 minutes per day over 5 days during the week). One of the easiest ways to accomplish this is heading out for a brisk walk! There are many benefits to walking:

There are many benefits to walking:

- Can help maintain body weight and lower the risk of obesity;
- Can lower the risk of chronic diseases and high blood pressure;
- Improvements to your mood and wellbeing; and also
- Studies show that it can encourage and improve creativity!

Did you know that Haverhill Arts Centre is within a 25-minute walk from Orchid Grove? Located along the High Street, the arts centre has plenty of activities to keep the whole entertained! Find out more at: haverhillartscentre.co.uk.

> Don't forget, you can claim a £100 active travel voucher to be redeemed online with **Wiggle.co.uk**. The voucher could be used to purchase a waterproof jacket or comfortable walking shoes! Head to page 11 for more information!

USEFUL APPS AND WEBSITES

Map My Walk: By using this app, you can record your workout details, including duration, distance, pace, speed, elevation and calories burned **mapmywalk.com**.

 \square

entring the High Street

Active 10: Created by Public Health England, the Active 10 app records your brisk walking activity as well as showing the benefits of regular exercise **nhs.uk/oneyou/active10/home**.

The Ramblers: The Ramblers Association provides a variety of regular programme of walks. For walks around Suffolk and more information, visit their website: **ramblers.org.uk**.

One Life Suffolk: For a series of health walks and other ways to get active, visit **onelifesuffolk.co.uk**.



Map my Wall

Ŕ

Active 10 ACTIVE

The Ramblers

rambler

One Life Suffolk

One Life Suffolk

CYCLING TO AND FROM ORCHID GROVE

Haverhill and Suffolk are great places to cycle and you can find plenty of off-road cycle routes across the town. Haverhill town centre has plenty of cycle parking available and full information on local cycle routes can be found on the Suffolk On Board website: **suffolkonboard.com** Don't forget to claim your active travel voucher. Head over to page 11 for more information.





EMPLOYEE CYCLING SCHEMES

Employee cycling schemes allow you to purchase a bicycle or cycling equipment through your employer. By using such schemes, you can save between 25% and 39% of the cost. Speak to your employer to see if they are signed up to a recognised scheme.

BENEFITS OF CYCLING

Cycling has a huge number of benefits, including;

- Improving wellbeing by relieving stress;
- Helps prevent chronic and life-threatening illnesses;
- Being more cost effective than running a car. Did you know, maintaining a bike for a year costs twenty times less than maintaining and driving a car; and
- Reducing congestion and pollution on our roads.

Cycle Streets

Strava

STRAVA

BBC Weather

BBC

WEATHER

Occilie Grove J. J. J. S. Gotte Real Strike Read Strike Read Strike Read Strik

USEFUL APPS AND WEBSITES

CycleStreets: This website allows you to easily plan cycle journeys with variable route options available to all levels of cyclist **cyclestreets.net**.

Strava: This app records your cycle ride and you can compare your performance overtime, as well as sharing with the local community. Strava can also be used for running, walking and other workouts **strava.com**.

BBC Weather: The great British weather is always something to consider when cycling! Use the BBC weather app to check the conditions before cycling and make sure you're prepared for what nature may throw at you! **bbc.co.uk/weather**.

GREENER CAR TRAVEL

With the future of car travel changing, it is good to consider other options. Did you know;

- Each week, the average Brit spends seven hours in their car;
- The average annual cost of car insurance is £436;
- Drivers spend on average £89.67 per month on fuel;
- It's likely that you will play eye-spy in the car around 1,470 times during your lifetime!; and finally
- Over your lifetime, on average you will have 7,817 singalongs to the car radio!

CAR SHARING

By sharing the same or similar journeys with other people, you can save money on the cost of car travel.

Sign up for free with Suffolk Car Share or Liftshare to find a car sharing partner. There are already over 100 possible car sharing options available from the Haverhill area. Visit **suffolkcarshare.com** for information on sharing journeys safely.

SuffolkCarShare.com

THE FUTURE

If you're thinking about a new car, why not look at a hybrid or electric vehicle? Visit goultralow.com for further advice and information.

ECO DRIVING

Sometimes it's a necessity to drive, so here are seven eco-driving tips that can help make a difference to your journey;

- 1. Service your car regularly to maintain engine efficiency;
- Check your tyre pressures regularly (and before long journeys), underinflated tyres use more fuel as they increase rolling resistance;
- 3. Lose any unnecessary baggage, extra weight means extra fuel;
- 4. Combine short trips; cold starts use more fuel so it pays to combine errands;
- Drive smoothly, accelerate gently and read the road ahead to avoid unnecessary braking;
- Cut down on the air-con; airconditioning increases fuel consumption at low speeds (the effects are less noticeable at higher speeds); and
- 7. The faster you go the greater the fuel consumption (cruising at 70mph uses up to 9% more fuel than at 60mph and up to 15% more fuel than at 50mph).

BUS PASSES

There are a selection of local incentives to promote travelling by public transport including bus passes. For those of pensionable age or if you have an eligible disability, you will be entitled to a bus pass that allows free off-peak travel on local buses anywhere in England.

To apply for either of these passes, visit the **Suffolk on Board website or call 0345 600 0659.** Additionally, you can pick up an application form from libraries and **Suffolk County Council** offices.

> Visit the Suffolk.gov.uk website and search for community transport for further information on community transport options across the county.

TAXI SERVICES

There are several taxi operators across Haverhill, here are just a few:

Star Travel 01440 712712 Startravel.uk.com

Haverhill Taxis (online only) Haverhilltaxi.co.uk

Pride Cars **01440 712600**

ENDEAVOUR CARD

For anyone aged between 16 and 19 you can apply for an Endeavour Card which gives you at least 25% off participating bus services. Again, visit the Suffolk on Board website to apply. The card is free of charge and your journey must start or finish in Suffolk to be eligible for the discount.

THE VOLUNTARY NETWORK -COMMUNITY TRANSPORT

For those that are less able to travel by regular public transport, The Voluntary Network provides community transport options in the area including a door-to-door service. To find out more or to book a journey, please call; 01638 608022 or contact info@thevoluntarynetwork.org. You can also search for Connecting Communities for more information.

RIDE

Ride operates a service between Haverhill and West Suffolk Hospital. This is available to pre-book. The service operates between 7am and 7pm, Monday to Friday. Pre-book your journey by calling **01638 664304**.



SMARTER TRAVEL CHOICES

There are other ways in which you can reduce your travel, including simply cutting the number of journeys you make. Perhaps you could speak to your employer to see if it is possible to work from home just one day a week? Not driving the car for one day a week automatically reduces car usage by 20%! Or alternatively, you could ask to adapt your working hours slightly to travel outside of peak hours.

Of course, we understand that this is not possible for everyone and every occupation, however, small changes add up and make a difference!

WORKING FROM HOME

With an increasing number of us working from home, there are various online resources to help you in this transition. Here are a few useful links to get you started:

Health and Safety Executive

General guidance on working from home and your employers responsibilities: hse.gov.uk/ toolbox/workers/home.htm

Keep Suffolk Moving

Some great advice on keeping fit and active when working from home: keepmovingsuffolk.com/exercise-in-yourhome/

Gov.uk

For details and information on how to claim expenses when working from home: **gov.uk/** expenses-and-benefits-homeworking



NHS

Advice on how to deal with your mental health when working from home: nhs.uk/oneyou/ every-mind-matters/7-simple-tips-to-tackleworking-from-home/

Alternatively, how about shopping locally where possible and travelling by foot or bicycle? For bigger purchases, why not try shopping online, it can save you both time and money in travelling to the shops, and most major supermarkets now offer this service.

OTHER USEFUL LINKS:

For other information and services in the area you can contact the following:

Haverhill Town Council Haverhill-tc.gov.uk

West Suffolk Council westsuffolk.gov.uk

Suffolk County Council suffolk.gov.uk

Haverhill Library suffolklibraries.co.uk

ACTIVE TRAVEL VOUCHER

As part of Taylor Wimpey's commitment to you, households of Orchid Grove can claim either **4-weeks free bus travel** on Stagecoach services to Cambridge or a **£100 active travel voucher** to be redeemed online at **Wiggle.co.uk**.

To claim your voucher, please email OrchidGrove@SmarterTravel.uk.com. Please include your name and home address.

Please turn over for voucher terms and conditions.

DON'T FORGET TO **CLAIM YOUR ACTIVE** TRAVEL VOUCHER **OR BUS TICKETS!**

VOUCHER TERMS AND CONDITIONS

- Only one voucher per household can be claimed by residents of Orchid Grove, Haverhill.
- We will not use your personal details for any direct marketing purposes. We will only use your address/email address for monitoring purposes and issuing vouchers. Any personal data is stored in compliance with the Smarter Travel Ltd Privacy Policy, this can be found at SmarterTravel.uk.com.
- Wiggle.co.uk voucher terms and conditions will be provided at the same time as the voucher code, these will be sent via email from info@SmarterTravel.uk.com.

- Bus vouchers will be sent to you by email and will need to be redeemed through the Stagecoach mobile app.
- We are not responsible for lost or damaged vouchers so please check your junk folder!
- There is no cash alternative to the voucher and it is not transferable. Smarter Travel Limited reserve the right to cancel or amend the vouchers to equivalent vouchers at any time. Vouchers are subject to availability.
- Only residents over the age of 18 can apply for the active travel voucher
- We will issue the voucher code within 5 working days to the email address provided to us.



847 The Crescent **Colchester Business Park** Colchester CO4 9YO

This pack can be recycled.

Printed by a Carbon Captured printers.





Castle House Kempson Way **Bury St Edmunds IP32 7AR**

> Visit SmarterTravel.uk.com/ terms-conditions

